

GENERAL OVERVIEW OF LESSON PROGRAM

The following chart offers a broad overview of the lesson program at Teelin School. Class descriptions and offerings may change from year to year.

Class Name & Level:		Skill Progression:	Mini-Sessions and Extra Classes:	
Beginner		For students new to Irish dance, or students who are repeating a Beginner class to build a better foundation for their training.	Tiny Toes (pre-Beginner level, specifically for dancers age 4 or 5, entering K the next school year)	
Beginner II		Students have participated in at least one Beginner level class, and are working to master the basic technique, rhythm, and timing of Beginner level reels and light jigs.	Adult Beginner	Various Skills & Drills Classes (designated by skill level) and Cross Training Classes
Level 1		Students have demonstrated clear understanding and execution of hop-1-2-3's, 7's & 3's, and the basic rhythm & timing of beginner level reels and light jigs, and have been introduced to slip jigs. Irish soft shoes are necessary for this class. Students will learn additional reels, light jigs and slip jigs while focusing on the techniques of crossing, turnout, toes and posture/arms. When the students master two slip jig steps, along with mastery of their reels and light jigs, then they will begin learning basic hard shoe skills and the traditional speed (fast tempo) treble jigs and hornpipes. Hard shoes may be necessary midyear for some students, but not all students. (Check with teacher before purchasing hard shoes.)		
Advanced Beginner Competition Class				
Performance Class (for non-Company dancers only)	Adv Beg / Novice (AB/N) Competition Class	Students have demonstrated clear understanding and execution of the Level 1 techniques and the rhythm & timing of Level 1 reels, light jigs, slip jigs, and have mastered at least one traditional speed treble jig (hard shoe) dance. Irish soft shoes and hard shoes are necessary for this class. Students will learn intermediate level soft shoe and hard shoe dances.	Adult Experienced	
	N/PW 2-day course	Students are actively competing (in both soft shoes and hard shoes) in Grade Level competitions. Irish soft shoes and hard shoes are both necessary for these classes. Students will focus on advancing their skills and techniques, such as clicks, butterflies, rocks, slow drums, and when ready, working to perfect the advanced tempo hard shoe dances (also called slow tempo, which allows for more complicated footwork). Note: The N/PW 2-Day Class is a 2-day/week course – most students will enroll in soft shoe class on Tuesday, and hard shoe class on Thursday. In special circumstances, a student may enroll in one of these classes (hard shoe or soft shoe), and then also take a different class.		
	Supplemental Class for "All Prizewinner" and New Prelim Champs			
	Champ 1-Day Class	Students in the Champ Program are actively competing in Preliminary Champion or Open Champion competitions. The Mon/Thr Champ Classes are a 2-day/week course with soft shoe on one day, hard shoe on the other, totaling 3 hours of weekly instruction. Practice outside of class is mandatory, and a high overall fitness level is required of each dancer.	Set Dance Classes (participation is expected for Open Champs in the M/Th Classes, and recommended for Prelim Champs)	Champ Power Hours
	Prelim Champ (&U9 Open) M/Th Classes			
	Open Champ M/Th Classes			